Pan Fried Cod Cheeks, Lava Bread and Smoked Bacon *F* £8.00

Vegetable Terrine, Chutney, Saffron Potato Ve £7.00

Plump Atlantic Prawns, bound in a Bloody Mary Marie Rose, Crispy Lettuce *Cr*, *E* £9.00 Soup of the Day, Crusty Bread *Ve* £6.50

Sauteed Chicken Livers, flambeed with Welsh Whisky, Garlic and Cream *M* £8.00

Pressed Ham, Sultana and Apple Terrine with Saffron Potatoes and Plum Chutney SD £8.50

MAIN DISHES

STARTERS

Warm Baked Salmon on a Crisp Green Salad with Pine Nuts and Pomegranate F £18.00

Vegan Crumble. Roasted Root Vegetables in a Basil and Pink Peppercorn Sauce. Topped with an Oat Based Crumble *Cg, Ve* £17.00

Whole Baked Sole with Cafe de Paris Butter, Tenderstem, Skin On Salad Potatoes *F*, *M* £21.00

Glamorgan Sausage. Leeks, Caerphilly Cheese and Welsh Mustard bound together and coated in Bread Crumbs, Saute Spinach, Hasselback Potatoes, Chive and Spring Onion Veloute *Cg, M, Mu, V* £17.00 Belly Pork, Barbecue Pulled Pork and a Pork Quaver, Apple Cider Sauce, Tatws Popty, Creamed Cabbage *Cg*, *M* £20.00

Chicken Supreme stuffed with Spinach and Sun Blushed Tomato, Glazed with Welsh Rarebit, Buttered Tenderstem and Skin On New Potatoes *M*, *SD*, *Mo* £19.00

Wild Mushroom Risotto topped with Roasted Butternut Squash, Crispy Sage Leaf V, SD, M £17.00

10oz Rump Steak£24.008oz Sirloin Steak£23.00

Served with Flat Mushroom, Cherry Tomatoes on the Vine, Stack Chips

Add Peppercorn Sauce, Garlic Mushroom Sauce (*M*), Red Wine Jus (*SD*) or Garlic & Herb Butter (*M*) £3.50

DESSERTS

Sticky Toffee Pudding, Toffee Sauce, Vanilla Bean Ice Cream *Cg, E, M* £8.00

Cheese cake Flavour of the Week, please ask your server Cg, M $\pounds 7.50$ Baileys Creme Brulee, Shortbread Biscuit *Cg, E, M* £8.50

Eton Mess Meringue, Mixed Berries, Fruit Coulis *M* £7.50

Welsh Cheeseboard Grapes, Celery and Crackers M, Cg

£11.00

C - Celery, Cg - Cereal containing Gluten, Cr - Crustaceans, E - Eggs, F - Fish, L - Lupin, M - Milk, Mo - Molluses, Mu - Mustard, N - Nuts, P - Peanuts, S - Sesame seed, So - Soya, SD - Sulphur Dioxide, V - Vegetarian, Ve - Vegan

